

Sides and extras

Bowl of chips	964 kcal (Add: Spicy seasoning 7 kcal)	34p	4.23
Small bowl of chips	602 kcal		2.48
Five chicken wings	407 kcal		2.99
NEW Five chicken breast bites	161 kcal		2.99
Eight Whitby breaded scampi	464 kcal		4.99
Grilled halloumi-style cheese	447 kcal		1.97
Peas	133 kcal		94p
Mushy peas	248 kcal		94p
Side salad	91 kcal		2.29
Mediterranean side salad	198 kcal		3.22
Roasted vegetables	135 kcal		1.53
Colestlaw	399 kcal		1.40
Sliced chillies	3 kcal		88p
Chicken gravy	50 kcal		94p
Onion rings	Six 269 kcal	2.33	Twelve 538 kcal
Garlic pizza bread	8 386 kcal	4.40	11 772 kcal
With cheese	8 473 kcal	4.98	11 922 kcal

Desserts

NEW Salted caramel sticky toffee pudding	4.99
Vanilla ice cream 877 kcal or custard 741 kcal	
NEW Millionaire's shortbread	4.99
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream	1.82
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch	1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie	2.98
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich	2.98
Salted caramel filling, toffee sauce, vanilla ice cream	
Mini American-style pancakes	3.54
Two pancakes, maple-flavour syrup, vanilla ice cream	
Fresh fruit	4.56
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake	5.33
Vanilla ice cream	
Warm chocolate brownie	5.33
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich	5.33
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble	5.62
Vanilla ice cream 673 kcal or custard 537 kcal	
American-style pancakes	4.99
Four pancakes, maple-flavour syrup, vanilla ice cream	
Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p	
Belgian chocolate sauce (61 kcal) 42p; Toffee sauce (66 kcal) 42p	
Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p	

BREAKFAST

Served
8am - 12 noon

Large breakfast 1343 kcal	5.99
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
Traditional breakfast 807 kcal	3.14
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast 435 kcal	2.25
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: Black pudding (178 kcal) 75p	
Freedom breakfast 586 kcal	2.25
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast 1129 kcal	5.99
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast 786 kcal	3.14
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast 291 kcal	2.25
Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast 642 kcal	2.25
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
American breakfast 1258 kcal	6.85
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	
Small American breakfast 629 kcal	4.99
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	
Porridge 252 kcal (plain)	2.09
Add: Banana (110 kcal) 62p; Maple-flavour syrup (125 kcal) 34p	
Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p	
Honey (91 kcal) 34p; Sliced apple (46 kcal) 62p	

Breakfast extras

Add any of the following:					
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Baked beans 126 kcal	93p
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms 100 kcal	93p
Vegan sausage 82 kcal	1.05	Two scrambled eggs 136 kcal	1.63	Two grilled tomato halves 16 kcal	52p
Slice of toast 225 kcal	1.13	Fried egg 56 kcal	93p	Grilled halloumi-style cheese 447 kcal	1.97
Hash brown 82 kcal	46p	Poached egg 63 kcal	93p		

Breakfast butties and wraps

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	3.88
Sausage butty 714 kcal	3.88
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty 541 kcal	3.88
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread 435 kcal	

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills*	
Egg & cheese muffin 249 kcal	3.31
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin 314 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin 417 kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin 330 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin 482 kcal	3.99
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
Smashed avocado muffin 271 kcal	3.99
Guacamole, pico de gallo, on an English muffin, rocket	
Add: Maple-cured bacon (91 kcal) 1.52; Poached egg (63 kcal) 93p	
Grilled halloumi-style cheese (447 kcal) 1.97	
Add: Hash brown (82 kcal) 46p	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. *Statement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

NEW Fiesta brunch 659 kcal	3.88
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	
Eggs Benedict 725 kcal	5.14
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
Mushroom Benedict 638 kcal	5.14
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
Miner's Benedict 939 kcal	5.14
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
American-style pancakes	4.99
NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. 708 kcal	
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal	4.99
Four pancakes, maple-flavour syrup. 554 kcal	4.30
Small American-style pancakes	3.54
Two pancakes, maple-cured bacon, maple-flavour syrup. 322 kcal	3.25
Two pancakes, maple-flavour syrup. 277 kcal	3.77
Scrambled egg on toast 570 kcal	3.66
Three eggs, buttered white bloomer toast	
Beans on toast 566 kcal. Buttered white bloomer toast	2.62
NEW Vegan option available with vegan spread 460 kcal	
Small beans on toast 252 kcal	1.99
Buttered white bloomer toast	
Two slices of toast with jam or marmalade 524 kcal	2.99
White bloomer bread	
Fresh fruit 200 kcal	3.49
Apple, banana, blueberries, strawberries	
NEW Fresh fruit and yoghurt 334 kcal	
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	

Breakfast wrap 724 kcal	4.36
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap 735 kcal	4.36
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

Tea, coffee and hot chocolate

FREE REFILLS*	
TEA, COFFEE AND HOT CHOCOLATE	
— ALL DAY EVERY DAY —	
LAVAZZA	
£1.04 each	
Biscuits	
Walkers shortbread 151 kcal 71p	
Stem ginger biscuit 123 kcal 71p	
Belgian chocolate biscuit 129 kcal 71p	
Salted caramel brownie bar 316 kcal 1.64	
Flat white 92 kcal	
Cappuccino 102 kcal	
Latte 113 kcal	
Mocha 147 kcal	
Espresso 6 kcal	
Black coffee 6 kcal	
White coffee 24 kcal	
Hot chocolate 169 kcal	
Tea with semi-skimmed milk 14 kcal	
Dairy alternative: oat sachet 4 kcal	
Decaffeinated tea and coffee available.	

for the facts
drinkaware.co.uk
jdetherspoon.com

FOOD

Main menu 11.30am - 11pm. Children's menu available.



Built in 1958, Aylmer House takes its name from the Aylmer family of Moor Hall, once Harlow's most important residence. The earliest recorded member of the family was William Aylmer, who (in 1383) had an equal share in Moor Hall. By the 17th century, Moor Hall had become a large country house and was Harlow's leading residence. At the end of the 18th century, the estate was extended and the house rebuilt. Nothing now remains of this grand, classical-style building.

Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

FOOD HYGIENE RATING

1 2 3 4 5

5

Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.

Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.

100% UK AND IRISH BEEF

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
8am - 12 noon
Traditional breakfast
£3.14

Tea, coffee and hot chocolate
Free refills
£1.04 each

Deli Deals
INCLUDES A DRINK
Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink
£2.99

soft drink*	alcoholic drink*
£3.75	£5.28

Burger meals
INCLUDES A DRINK
Featuring 3oz American burger
soft drink* | alcoholic drink*
£4.59 | **£6.12**

Afternoon deals
INCLUDES A DRINK
Mon - Fri, 2pm - 5pm
Featuring small freshly battered fish and chips
soft drink* | alcoholic drink*
£6.09 | **£7.62**

Steak Club
INCLUDES A DRINK
Tuesday 11.30am - 11pm
Featuring classic 8oz sirloin
soft drink* | alcoholic drink*
£9.67 | **£11.20**

Curry Club
INCLUDES A DRINK
Thursday 11.30am - 11pm
Featuring the katsu curry range
soft drink* | alcoholic drink*
£7.91 | **£9.44**

INCLUDES A DRINK
Choose from over 150 drinks

LAVAZZA

TORINO, ITALIA, 1895

100% ARABICA BEANS

Coffee

The freshly ground 100% Arabica Lavazza coffee we serve is from Rainforest Alliance-certified farms.

Award-winning children's menu

Best children's meals (first place) Independently run 'secret diner' survey.

FOOD MILE GOOD

2024 - 2026

Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot
🔥🔥🔥🔥🔥 = Extremely hot

🌿 = Vegetarian 🌱 = Vegan 5% = 5% fat or less UNDER 500 = Dish under 500 Calories

🐟 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.*

goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

wetherspoon hotels
Over 50 hotels in England, Ireland, Scotland and Wales
Book direct for the best rates*
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
UNLIMITED FREE Wi-Fi

Small plates | Any 3 for £14.93













8" pizzas. Sourdough base – proved, stretched, topped and freshly baked to order.

Margherita  <small>UNDER 500</small> 467 kcal. Mozzarella, basil	5.91
Pepperoni  575 kcal. Mozzarella, pepperoni	6.51
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.51
BBQ chicken 555 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.51
Roasted vegetable  514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	6.51
Vegan roasted vegetable  <small>5% UNDER 500</small> 355 kcal Mushroom, roasted pepper, courgette, onion, basil	6.51
Spicy meat feast  615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.09

NEW Char-grilled halloumi-style cheese  514 kcal Rocket, roasted pepper, courgette, onion, salsa	4.96
11" garlic pizza bread  772 kcal	5.57
Nachos   695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips  964 kcal	4.23
Bowl of chips with curry sauce  1082 kcal	5.58
Cheesy chips  1256 kcal	5.36
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.03
Tomato & basil soup  <small>5% UNDER 500</small> 374 kcal. White bloomer bread	4.23













NEW Vegan option available with vegan spread  5% UNDER 500 285 kcal

With any of the small plates below, choose one dip:

Sweet chilli  37 kcal; Sticky soy  100 kcal; Naga chilli   136 kcal	
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo   150 kcal	
Blue cheese  270 kcal; BBQ sauce  83 kcal	
Halloumi-style fries  <small>UNDER 500</small> 396 kcal	4.96
Chicken bites <small>UNDER 500</small> 322 kcal. Ten battered chicken breast pieces	6.09
Southern-fried chicken strips <small>UNDER 500</small> 459 kcal. Five chicken breast strips	6.09
Chicken wings  813 kcal. Ten spicy chicken wings	6.75
Quorn™ nuggets  <small>UNDER 500</small> 331 kcal. Eight coated pieces	5.19







Deli Deals

All wraps and paninis are freshly made to order.


NEW 10" wraps A smaller wrap and filling.	
Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap, without a drink 2.99 each
Small vegetarian brunch wrap  545 kcal Fried egg, two vegan sausages, Cheddar cheese	soft drink* 3.75 each
Small shawarma chicken   502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	alcoholic drink* 5.28 each
Small Quorn™ nuggets  <small>UNDER 500</small> 310 kcal Salad leaves, tomato, cucumber, salsa	
Small southern-fried chicken   <small>UNDER 500</small> 399 kcal Salad leaves, smoky chipotle mayo	
Small cold chicken breast   <small>5% UNDER 500</small> 277 kcal Salad leaves, sweet chilli sauce	
Small fried halloumi-style cheese   <small>UNDER 500</small> 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber Add: Small side salad  (46 kcal); Small portion of chips  (329 kcal) 1.03 each	



12" wraps

NEW Shawarma chicken    719 kcal
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Quorn™ nuggets  <small>5% UNDER 500</small> 508 kcal. Tomato, cucumber, salsa	
Southern-fried chicken  609 kcal Salad leaves, smoky chipotle mayo	
Cold chicken breast   <small>5% UNDER 500</small> 479 kcal Salad leaves, sweet chilli sauce	soft drink* 5.70 each
Fried halloumi-style cheese   707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber	alcoholic drink* 7.23 each

Paninis

Tuna mayo and Cheddar cheese 590 kcal	
Cheddar cheese and tomato  527 kcal	
Wiltshire cured ham and Cheddar cheese 508 kcal	
BBQ chicken, bacon and Cheddar cheese 586 kcal	

8" pizzas on a freshly baked sourdough base
Choose any 8" pizza from the small plates section.
Add: Side salad  (91 kcal); Tomato & basil soup  (150 kcal)
Spicy rice  (208 kcal); Chips  (602 kcal) **1.44** each

Adults need around 2000 kcal a day.⁹

Burgers

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).	
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 4.59 each
Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion	alcoholic drink* 6.12 each
Skinny beef burger <small>UNDER 500</small> 375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips	

American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 5.18	alcoholic drink* 6.71
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Double beef burgers Two 3oz beef patties.
Served with chips (602 kcal, included in Calories below).

Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 6.88 each	alcoholic drink* 8.41 each
Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion		

Double American cheese burger 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 7.48	alcoholic drink* 9.01
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Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below).

Crunchy chicken strip burger  776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	soft drink* 4.59	alcoholic drink* 6.12
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Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet	soft drink* 6.88 each	alcoholic drink* 8.41 each
Char-grilled chicken breast burger 970 kcal		
Skinny chicken burger <small>5% UNDER 500</small> 394 kcal Char-grilled chicken breast, with a side salad, instead of chips		

Meat-free burgers

Served with chips (602 kcal, included in Calories below).

Beyond Burger™  1043 kcal  BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	soft drink* 6.88 each	alcoholic drink* 8.41 each
Breaded vegetable burger  1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese		
Fried halloumi-style cheese burger   1118 kcal. Sweet chilli sauce		









Just-a-burger

Served on its own, without chips or a drink. each 2.99










American burger <small>UNDER 500</small> 367 kcal Red onion, gherkin, ketchup, American-style mustard	
Crunchy chicken strip burger  <small>UNDER 500</small> 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	

Curries

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry   <small>5% UNDER 500</small> 927 kcal	
Chicken tikka masala  1190 kcal	soft drink* 9.84 each
Chicken jalfrezi  <small>5% UNDER 500</small> 935 kcal	alcoholic drink* 11.37 each
Beef Madras    1043 kcal	
Change your plain naan to a garlic naan  (add 92 kcal) 47p	

Simple curries With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry   568 kcal; Chips 970 kcal	
Simple chicken tikka masala  575 kcal; Chips 1232 kcal	soft drink* 7.62 each
Simple chicken jalfrezi    575 kcal; Chips 977 kcal	alcoholic drink* 9.15 each
Simple beef Madras    684 kcal; Chips 1086 kcal	

Add: One vegetable samosa and two onion bhajis   (293 kcal) **1.76**
Two plain poppadums  (86 kcal) **47p**

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry <small>5% UNDER 500</small> 542 kcal Sliced char-grilled chicken breast	
Katsu Quorn™ nugget curry  686 kcal Eight coated pieces	soft drink* 8.73 each
Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet	alcoholic drink* 10.26 each




Gourmet burgers



Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	soft drink* 9.08 each
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Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze	
Choose: Beef (two 3oz beef patties) 1567 kcal	
Char-grilled chicken breast 1417 kcal	
Fried buttermilk chicken 1703 kcal	



BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce	
Choose: Beef (two 3oz beef patties) 1644 kcal	
Char-grilled chicken breast 1494 kcal	
Fried buttermilk chicken 1780 kcal	





Heatwave burger    Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing	soft drink* 10.61 each
Choose: Char-grilled chicken breast 1722 kcal	
Fried buttermilk chicken 2007 kcal	

Fiesta burger  1380 kcal  BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion	
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Triple American cheese & bacon burger 1770 kcal Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	soft drink* 10.53	alcoholic drink* 12.06
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Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese  82 kcal	1.52
American-style cheese  69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip  92 kcal	1.50








3oz beef patty 168 kcal	
Char-grilled chicken breast 187 kcal	
Fried buttermilk chicken 473 kcal	each 1.97
Breaded vegetable patty  257 kcal	
Fried halloumi-style cheese  298 kcal	
 BEYOND MEAT patty  184 kcal	

Chicken

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Peri-peri char-grilled half chicken	
Lemon and herb  Char-grilled in a lemon & herb glaze	soft drink* 10.83 each
Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal	
Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal	
Hot and spicy    Char-grilled in a Naga chilli & citrus glaze	alcoholic drink* 12.36 each
Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal	
Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal	
Char-grilled half chicken, mash and gravy 818 kcal	
Lemon & herb chicken, peas, chicken gravy	

Chicken baskets

Chicken wing basket    Eight wings, coleslaw, Naga chilli dip	soft drink* 7.05 each
Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal	
Boneless basket  1127 kcal	alcoholic drink* 8.58 each
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce	
Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal	
Chicken bites basket	
Ten battered chicken breast pieces, coleslaw, sticky soy sauce	
Choose: Side salad 623 kcal; Spicy rice <small>5% UNDER 500</small> 763 kcal; Chips 1157 kcal	
Southern-fried chicken strips basket  1157 kcal	
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze	
Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal	
Quorn™ 'no chicken' nuggets basket   1104 kcal	
Eight coated pieces, coleslaw, sweet chilli sauce	
Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal	
Add: Chicken gravy (50 kcal) 94p	

11" pizzas

Sourdough base – proved, stretched, topped and freshly baked to order.

Margherita  934 kcal. Mozzarella, basil	soft drink* 4.99	alcoholic drink* 6.52
Pepperoni  1151 kcal. Mozzarella, pepperoni		
Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket	soft drink* 6.06 each	
BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	alcoholic drink* 7.59 each	
Roasted vegetable  1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil		
Vegan roasted vegetable  <small>5% UNDER 500</small> 709 kcal Mushroom, roasted pepper, courgette, onion, basil		
Spicy meat feast    1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.13	8.66

Additional toppings	
Red onion <	