

Sides and extras

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|--------------------------------------|--|------|-----------------|
| Bowl of chips | 964 kcal (Add: Spicy seasoning 7 kcal) | 34p | 4.23 |
| Small bowl of chips | 602 kcal | | 2.48 |
| Five chicken wings | 407 kcal | | 3.34 |
| NEW Five chicken breast bites | 161 kcal | | 2.99 |
| Eight Whitby breaded scampi | 464 kcal | | 4.99 |
| Grilled halloumi-style cheese | 447 kcal | | 1.97 |
| Peas | 133 kcal | | 94p |
| Mushy peas | 248 kcal | | 94p |
| Side salad | 91 kcal | | 2.29 |
| Mediterranean side salad | 198 kcal | | 3.22 |
| Roasted vegetables | 135 kcal | | 1.53 |
| Colestlav | 399 kcal | | 1.40 |
| Sliced chillies | 3 kcal | | 88p |
| Chicken gravy | 50 kcal | | 94p |
| Onion rings | Six 269 kcal | 2.33 | Twelve 538 kcal |
| Garlic pizza bread | 8 386 kcal | 4.40 | 11 772 kcal |
| With cheese | 8 473 kcal | 4.98 | 11 922 kcal |

Desserts

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|---|------------------------------|
| NEW Salted caramel sticky toffee pudding | 4.99 |
| Vanilla ice cream | 877 kcal or custard 741 kcal |
| NEW Millionaire's shortbread | 409 kcal |
| Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce | |
| Vanilla ice cream | 334 kcal |
| Two scoops, toffee sauce, Belgian chocolate sauce | |
| Cookie crunch | 364 kcal |
| Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce | |
| Mini warm chocolate brownie | 435 kcal |
| Belgian chocolate sauce, vanilla ice cream | |
| Mini warm cookie dough sandwich | 431 kcal |
| Salted caramel filling, toffee sauce, vanilla ice cream | |
| Mini American-style pancakes | 412 kcal |
| Two pancakes, maple-flavour syrup, vanilla ice cream | |
| Fresh fruit | 470 kcal |
| Apple, banana, blueberries, strawberries, vanilla ice cream | |
| Warm chocolate fudge cake | 909 kcal. Vanilla ice cream |
| Warm chocolate brownie | 736 kcal |
| Belgian chocolate sauce, vanilla ice cream | |
| Warm cookie dough sandwich | 727 kcal |
| Salted caramel filling, toffee sauce, vanilla ice cream | |
| British Bramley apple crumble | 537 kcal |
| Vanilla ice cream | 673 kcal or custard 537 kcal |
| American-style pancakes | 689 kcal |
| Four pancakes, maple-flavour syrup, vanilla ice cream | |
| Add: Custard (134 kcal) 1.23. Vanilla ice cream scoop (135 kcal) 94p | |
| Belgian chocolate sauce (61 kcal) 42p. Toffee sauce (66 kcal) 42p | |
| Banana (110 kcal) 62p. Strawberries (27 kcal) 62p. Blueberries (17 kcal) 62p | |

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot
🔥🔥🔥🔥🔥 = Extremely hot

🌿 Vegetarian 🌱 Vegan 5% 5% fat or less UNDER 500 Dish under 500 Calories

🐟 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.⁹

BREAKFAST

Served
8am - 12 noon

| | | |
|---|------------------|------|
| Large breakfast | 1343 kcal | 6.59 |
| Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast | | |
| Traditional breakfast | 807 kcal | 4.99 |
| Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast | | |
| Small breakfast | 435 kcal | 4.45 |
| Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown | | |
| Add: Black pudding (178 kcal) 75p | | |
| Freedom breakfast | 586 kcal | 4.45 |
| Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato | | |
| Large vegetarian breakfast | 1129 kcal | 6.59 |
| Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast | | |
| Vegetarian breakfast | 786 kcal | 4.99 |
| Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast | | |
| Small vegetarian breakfast | 291 kcal | 4.45 |
| Fried egg, vegan sausage, baked beans, hash brown, tomato | | |
| Vegan breakfast | 642 kcal | 4.61 |
| Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread | | |
| American breakfast | 1258 kcal | 6.85 |
| Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup | | |
| Small American breakfast | 629 kcal | 4.99 |
| Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup | | |
| Porridge | 252 kcal (plain) | 2.09 |
| Add: Banana (110 kcal) 62p. Maple-flavour syrup (125 kcal) 34p | | |
| Strawberries (27 kcal) 62p. Blueberries (17 kcal) 62p | | |
| Honey (91 kcal) 34p. Sliced apple (46 kcal) 62p | | |

Breakfast extras

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|---------------------------|----------|------|-----------------------------------|----------|
| Add any of the following: | | | | |
| Black pudding | 178 kcal | 75p | Two rashers of back bacon | 131 kcal |
| Lincolnshire sausage | 168 kcal | 1.05 | Four rashers of maple-cured bacon | 91 kcal |
| Vegan sausage | 82 kcal | 1.05 | Two scrambled eggs | 136 kcal |
| Slice of toast | 225 kcal | 1.13 | Fried egg | 56 kcal |
| Hash brown | 82 kcal | 46p | Poached egg | 63 kcal |

Breakfast butties and wraps

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| Bacon butty | 574 kcal. Three rashers of bacon, buttered white bloomer bread | 3.88 |
| Sausage butty | 714 kcal | 3.88 |
| Two Lincolnshire sausages, buttered white bloomer bread | | |
| Vegetarian sausage butty | 541 kcal | 3.88 |
| Two vegan sausages, buttered white bloomer bread | | |
| NEW Vegan option available with vegan spread | 435 kcal | |

Breakfast muffin deal

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| Includes tea, coffee or hot chocolate. Free refills* | | |
| Egg & cheese muffin | 249 kcal | 3.31 |
| Fried egg, American-style cheese, in an English muffin | | |
| Egg & bacon muffin | 314 kcal | 3.77 |
| Fried egg, bacon, American-style cheese, in an English muffin | | |
| Egg & sausage muffin | 417 kcal | 3.77 |
| Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin | | |
| Egg & vegetarian sausage muffin | 330 kcal | 3.77 |
| Fried egg, vegan sausage, American-style cheese, in an English muffin | | |
| Breakfast muffin | 482 kcal | 4.01 |
| Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin | | |
| Smashed avocado muffin | 271 kcal | 4.01 |
| Guacamole, pico de gallo, on an English muffin, rocket | | |
| Add: Maple-cured bacon (91 kcal) 1.52. Poached egg (63 kcal) 93p | | |
| Grilled halloumi-style cheese (447 kcal) 1.97 | | |
| Add: Hash brown (82 kcal) 46p | | |

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. *Statement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

| | | |
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| NEW Fiesta brunch | 659 kcal | 3.88 |
| Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa | | |
| Eggs Benedict | 725 kcal | 5.14 |
| Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket | | |
| Mushroom Benedict | 638 kcal | 5.14 |
| Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket | | |
| Miner's Benedict | 939 kcal | 5.14 |
| Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket | | |
| American-style pancakes | | |
| NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup | 708 kcal | 4.99 |
| Four pancakes, maple-cured bacon, maple-flavour syrup | 645 kcal | 4.99 |
| Four pancakes, maple-flavour syrup | 554 kcal | 4.30 |
| Small American-style pancakes | | |
| Two pancakes, maple-cured bacon, maple-flavour syrup | 322 kcal | 3.54 |
| Two pancakes, maple-flavour syrup | 277 kcal | 3.25 |
| Scrambled egg on toast | 570 kcal | 3.77 |
| Three eggs, buttered white bloomer toast | | |
| Beans on toast | 566 kcal. Buttered white bloomer toast | 3.66 |
| NEW Vegan option available with vegan spread | 460 kcal | |
| Small beans on toast | 252 kcal | 2.62 |
| Buttered white bloomer toast | | |
| Two slices of toast with jam or marmalade | 524 kcal | 2.47 |
| White bloomer bread | | |
| Fresh fruit | 200 kcal | 3.66 |
| Apple, banana, blueberries, strawberries | | |
| NEW Fresh fruit and yoghurt | 334 kcal | 4.45 |
| Apple, banana, blueberries, strawberries, Greek-style honey yoghurt | | |

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| Breakfast wrap | 724 kcal | 4.36 |
| Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese | | |
| Vegetarian breakfast wrap | 735 kcal | 4.36 |
| Fried egg, two vegan sausages, two hash browns, Cheddar cheese | | |

Tea, coffee and hot chocolate

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|--------------------------------------|---------------|
| FREE REFILLS* | |
| TEA, COFFEE AND HOT CHOCOLATE | |
| — ALL DAY EVERY DAY — | |
| LAVAZZA | |
| 100% ARABICA BEANS | |
| 1.56 each | |
| Biscuits | |
| Walkers shortbread | 151 kcal 71p |
| Stem ginger biscuit | 123 kcal 71p |
| Belgian chocolate biscuit | 129 kcal 71p |
| Salted caramel brownie bar | 316 kcal 1.64 |

for the facts
drinkaware.co.uk

jdetherspoon.com

STD

FOOD

Main menu 11.30am - 11pm. Children's menu available.



Private John Fielding died in Cwmbran in 1932. His headstone, in St Michael's Churchyard, Llantarnam, was erected by his former regiment. His headstone records that, as Private John Williams, he received the Victoria Cross, at the defence of Rorke's Drift, during the Zulu War, on 22-23 January 1879. This heroic episode was immortalised in the 1961 film, Zulu, starring Stanley Baker and Michael Caine.



Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Coffee

The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.



Award-winning children's menu

Best children's meals (first place) Independently run 'secret diner' survey.



Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

wetherspoon hotels
Over 50 hotels in England, Ireland, Scotland and Wales

Book direct for the best rates*
at jdetherspoon.com, on our app or by phone.

UNLIMITED
FREE Wi-Fi

goodfoodtalks

opening menus for everybody
The spoken menu app for the visually impaired









Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.⁹


MENU_5195

Small plates | Any 3 for £14.93













8" pizzas. Sourdough base – proved, stretched, topped and freshly baked to order.

| | |
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| Margherita  <small>UNDER 500</small> 467 kcal. Mozzarella, basil | 5.91 |
| Pepperoni  575 kcal. Mozzarella, pepperoni | 6.51 |
| Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket | 6.51 |
| BBQ chicken 555 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket | 6.51 |
| Roasted vegetable  514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil | 6.51 |
| Vegan roasted vegetable  <small>5% UNDER 500</small> 355 kcal Mushroom, roasted pepper, courgette, onion, basil | 6.51 |
| Spicy meat feast  615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket | 7.09 |

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| NEW Char-grilled halloumi-style cheese  514 kcal Rocket, roasted pepper, courgette, onion, salsa | 4.96 |
| 11" garlic pizza bread  772 kcal | 5.57 |
| Nachos   695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies | 5.81 |
| Bowl of chips  964 kcal | 4.23 |
| Bowl of chips with curry sauce  1082 kcal | 5.58 |
| Cheesy chips  1256 kcal | 5.41 |
| Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream | 6.03 |
| Tomato & basil soup  <small>5% UNDER 500</small> 374 kcal. White bloomer bread | 4.23 |











NEW Vegan option available with vegan spread  5% UNDER 500 285 kcal

With any of the small plates below, choose one dip:








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|---|-------------|
| Sweet chilli  37 kcal; Sticky soy  100 kcal; Naga chilli   136 kcal | |
| Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo   150 kcal | |
| Blue cheese  270 kcal; BBQ sauce  83 kcal | |
| Halloumi-style fries  <small>5% UNDER 500</small> 396 kcal | 4.96 |
| Chicken bites <small>UNDER 500</small> 322 kcal. Ten battered chicken breast pieces | 6.09 |
| Southern-fried chicken strips <small>UNDER 500</small> 459 kcal. Five chicken breast strips | 6.09 |
| Chicken wings  813 kcal. Ten spicy chicken wings | 6.75 |
| Quorn™ nuggets  <small>UNDER 500</small> 331 kcal. Eight coated pieces | 5.19 |

Deli Deals

All wraps and paninis are freshly made to order.

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| NEW 10" wraps A smaller wrap and filling. | |
| Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese | just-a-wrap, without a drink 3.08 each |
| Small vegetarian brunch wrap  545 kcal Fried egg, two vegan sausages, Cheddar cheese | soft drink* 4.11 each |
| Small shawarma chicken  502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint | alcoholic drink* 5.64 each |
| Small Quorn™ nuggets  <small>UNDER 500</small> 310 kcal Salad leaves, tomato, cucumber, salsa | |
| Small southern-fried chicken  <small>UNDER 500</small> 399 kcal Salad leaves, smoky chipotle mayo | |
| Small cold chicken breast   <small>UNDER 500</small> 277 kcal Salad leaves, sweet chilli sauce | |
| Small fried halloumi-style cheese   <small>UNDER 500</small> 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber | |
| Add: Small side salad  (46 kcal); Small portion of chips  (329 kcal) 1.03 each | |

12" wraps

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|---|--------------------------------------|
| NEW Shawarma chicken  719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint | |
| Quorn™ nuggets  <small>UNDER 500</small> 508 kcal. Tomato, cucumber, salsa | |
| Southern-fried chicken  609 kcal Salad leaves, smoky chipotle mayo | |
| Cold chicken breast   479 kcal Salad leaves, sweet chilli sauce | soft drink* 5.70 each |
| Fried halloumi-style cheese   707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber | alcoholic drink* 7.23 each |

Paninis

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| Tuna mayo and Cheddar cheese 590 kcal | |
| Cheddar cheese and tomato  527 kcal | |
| Wiltshire cured ham and Cheddar cheese 508 kcal | |
| BBQ chicken, bacon and Cheddar cheese 586 kcal | |

8" pizzas on a freshly baked sourdough base
Choose any 8" pizza from the small plates section.

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| Add: Side salad  (91 kcal); Tomato & basil soup  (150 kcal) | |
| Spicy rice  (208 kcal); Chips  (602 kcal) 1.44 each | |

Adults need around 2000 kcal a day.⁹

Burgers

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

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| Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below). | |
| American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard | soft drink* 5.44 each |
| Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion | alcoholic drink* 6.97 each |
| Skinny beef burger <small>500</small> 375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips | |


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| American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard | soft drink* 6.04 | alcoholic drink* 7.57 |
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Double beef burgers Two 3oz beef patties.
Served with chips (602 kcal, included in Calories below).

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|--|---------------------------------|--------------------------------------|
| Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard | soft drink* 7.73 each | alcoholic drink* 9.26 each |
| Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion | | |

| | | |
|--|----------------------------|---------------------------------|
| Double American cheese burger 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard | soft drink* 8.30 | alcoholic drink* 9.83 |
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Chicken burgers

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| Served with a small portion of chips (329 kcal, included in the Calories below). | | |
| Crunchy chicken strip burger  776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise | soft drink* 5.44 | alcoholic drink* 6.97 |


Served with chips (602 kcal, included in Calories below).

| | | |
|---|---------------------------------|--------------------------------------|
| Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet | soft drink* 7.73 each | alcoholic drink* 9.26 each |
| Char-grilled chicken breast burger 970 kcal | | |
| Skinny chicken burger <small>5% UNDER 500</small> 394 kcal Char-grilled chicken breast, with a side salad, instead of chips | | |







Meat-free burgers

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| Served with chips (602 kcal, included in Calories below). | | |
| Beyond Burger™  1043 kcal  BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce | soft drink* 7.73 each | alcoholic drink* 9.26 each |
| Breaded vegetable burger  1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese | | |
| Fried halloumi-style cheese burger   1118 kcal. Sweet chilli sauce | | |








Just-a-burger


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|---|------------------|
| Served on its own, without chips or a drink. | |
| American burger <small>500</small> 367 kcal Red onion, gherkin, ketchup, American-style mustard | |
| Crunchy chicken strip burger  <small>UNDER 500</small> 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise | each 3.36 |

Curries

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| Classic curries With basmati pilau rice, plain naan and poppadums. | | |
| Mangalorean roasted cauliflower & spinach curry   <small>5% UNDER 500</small> 927 kcal | soft drink* 9.84 each | alcoholic drink* 11.37 each |
| Chicken tikka masala  1190 kcal | | |
| Chicken jalfrezi  <small>5% UNDER 500</small> 935 kcal | | |
| Beef Madras  1043 kcal | | |
| Change your plain naan to a garlic naan  (add 92 kcal) 47p | | |

Simple curries With basmati pilau rice or chips.

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| Simple Mangalorean roasted cauliflower & spinach curry  <small>5% UNDER 500</small> | | |
| Choose: Basmati pilau rice <small>5% UNDER 500</small> 568 kcal; Chips 970 kcal | | |
| Simple chicken tikka masala  <small>5% UNDER 500</small> | soft drink* 7.62 each | alcoholic drink* 9.15 each |
| Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal | | |
| Simple chicken jalfrezi  <small>5% UNDER 500</small> | | |
| Choose: Basmati pilau rice <small>5% UNDER 500</small> 575 kcal; Chips 977 kcal | | |
| Simple beef Madras  <small>5% UNDER 500</small> | | |
| Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal | | |
| Add: One vegetable samosa and two onion bhajis   (293 kcal) 1.76 | | |
| Two plain poppadums  (86 kcal) 47p | | |

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| Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander. | | |
| Katsu grilled chicken curry <small>5% UNDER 500</small> 542 kcal Sliced char-grilled chicken breast | soft drink* 8.73 each | alcoholic drink* 10.26 each |
| Katsu Quorn™ nugget curry  686 kcal Eight coated pieces | | |
| Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet | | |

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

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| Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin | soft drink* 9.93 each |
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| Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze | |
| Choose: Beef (two 3oz beef patties) 1567 kcal | |
| Char-grilled chicken breast 1417 kcal | |
| Fried buttermilk chicken 1703 kcal | |


BBQ burger

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|--|--|
| Maple-cured bacon, Cheddar cheese, BBQ sauce | |
| Choose: Beef (two 3oz beef patties) 1644 kcal | |
| Char-grilled chicken breast 1494 kcal | |
| Fried buttermilk chicken 1780 kcal | |

Heatwave burger




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| Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing | |
| Choose: Char-grilled chicken breast 1722 kcal | |
| Fried buttermilk chicken 2007 kcal | |

Fiesta burger 1380 kcal





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|  BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion | soft drink* 11.38 | alcoholic drink* 12.91 |
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|---|-----------------------------|----------------------------------|
| Triple American cheese & bacon burger 1770 kcal Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard | soft drink* 11.38 | alcoholic drink* 12.91 |
|---|-----------------------------|----------------------------------|



Additional toppings and burger patties

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| Maple-cured bacon with Cheddar cheese 173 kcal | 2.14 |
| Maple-cured bacon with American-style cheese 160 kcal | 2.14 |
| Cheddar cheese  82 kcal | 1.52 |
| American-style cheese  69 kcal | 1.52 |
| Maple-cured bacon 91 kcal | 1.52 |
| Crunchy chicken strip  92 kcal | 1.50 |






3oz beef patty 168 kcal

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| Char-grilled chicken breast 187 kcal | |
| Fried buttermilk chicken 473 kcal | each 1.97 |
| Breaded vegetable patty  257 kcal | |
| Fried halloumi-style cheese  298 kcal | |
|  BEYOND MEAT patty  184 kcal | |

Chicken






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| Chicken on the bone is marinated, slow cooked and finished on the char-grill. | |
| Peri-peri char-grilled half chicken | |
| Lemon and herb  Char-grilled in a lemon & herb glaze | soft drink* 10.83 each |
| Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal | |
| Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal | |
| Hot and spicy  Char-grilled in a Naga chilli & citrus glaze | alcoholic drink* 12.36 each |
| Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal | |
| Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal | |
| Char-grilled half chicken, mash and gravy 818 kcal | |
| Lemon & herb chicken, peas, chicken gravy | |

Chicken baskets

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|---|---------------------------------------|
| Chicken wing basket  Eight wings, coleslaw, Naga chilli dip | soft drink* 8.68 each |
| Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal | |
| Boneless basket  | alcoholic drink* 10.21 each |
| Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce | |
| Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal | |
| Chicken bites basket | |
| Ten battered chicken breast pieces, coleslaw, sticky soy sauce | |
| Choose: Side salad 623 kcal; Spicy rice <small>5% UNDER 500</small> 763 kcal; Chips 1157 kcal | |
| Southern-fried chicken strips basket  | |
| Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze | |
| Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal | |
| Quorn™ 'no chicken' nuggets basket   | |
| Eight coated pieces, coleslaw, sweet chilli sauce | |
| Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal | |
| Add: Chicken gravy (50 kcal) 94p | |

11" pizzas

Sourdough base – proved, stretched, topped and freshly baked to order.

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| Margherita  934 kcal. Mozzarella, basil | soft drink* 8.68 | alcoholic drink* 10.21 |
| Pepperoni  1151 kcal. Mozzarella, pepperoni | | |
| Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket | soft drink* 9.84 each | |
| BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket | alcoholic drink* 11.37 each | |
| Roasted vegetable  1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil | | |
| Vegan roasted vegetable  <small>5% UNDER 500</small> 709 kcal Mushroom, roasted pepper, courgette, onion, basil | | |
| Spicy meat feast  1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket | 11.02 | 12.55 |

Additional toppings

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| Red onion  10 kcal; Sliced chillies      3 kcal |
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