# BREAKFAST Served until 11am



<b>Large breakfast with scrambled egg</b> 1367 kcal Scrambled egg, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	14.30
<b>Traditional breakfast with scrambled egg</b> 887 kcal Scrambled egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	12.75
<b>Small breakfast with scrambled egg</b> 515 kcal Scrambled egg, bacon, Lincolnshire sausage, baked beans, hash brown	9.60
Large vegetarian breakfast with scrambled egg ♥ 1266 kcal Scrambled egg, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	14.30
Vegetarian breakfast with scrambled egg ♥ 885 kcal Scrambled egg, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	12.75
Small vegetarian breakfast with scrambled egg 👽 👀 🚮 409 kcal Scrambled egg, vegan sausage, baked beans, hash brown, tomato	9.60
Scrambled egg on toast ♥ 570 kcal Three eggs, buttered white bloomer toast	6.75
Beans on toast V 5 566 kcal. Buttered white bloomer toast Vegan option available with vegan spread © 5 5 660 kcal	6.10
<b>Eggs Benedict</b> 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	12.75
Mushroom Benedict ♥ 638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	12.75
NEW Shakshuka ♥ ♥ 547 kcal Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce, rocket, toasted ciabatta Add: Maple-cured bacon (91 kcal) 2.20	9.60
American-style pancakes	
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. <b>V</b> 🚳 554 kcal	12.05 11.80

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Statement of daily Calorie needs from the Department of Health & Social Care. HExcluding decaffeinated.

Two pancakes, maple-cured bacon, maple-flavour syrup. 322 kcal

Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

Two slices of toast with jam or marmalade **2** 524 kcal

**Add: Banana** (110 kcal) **1.25; Strawberries** (27 kcal) **1.25** 

Two pancakes, maple-flavour syrup. V 59 500 277 kcal

NEW Fresh fruit and yoghurt (V 93) 334 kcal

**Blueberries ⊘** (17 kcal) **1.25; Honey ∨** (91 kcal) **90p** 

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**Small American-style pancakes** 

Porridge V 🚳 5 252 kcal (plain)

**Sliced apple** (46 kcal) **1.25** 

White bloomer bread

**BUTTIES** 

<b>Bacon butty</b> 574 kcal Three rashers of bacon, buttered white bloomer bread	6.99
<b>Sausage butty</b> 714 kcal Two Lincolnshire sausages, buttered white bloomer bread	6.99
Vegetarian sausage butty © 541 kcal Two vegan sausages, buttered white bloomer bread Vegan option available with vegan spread © \$\infty\$ \$\infty\$ 435 kcal	6.99

## **BREAKFAST EXTRAS**

Add any of the following:	
incolnshire sausage 168 kcal	2.20
<b>∕egan sausage ∅</b> 82 kcal	2.20
Slice of toast <b>()</b> 225 kcal	1.60
Two hash browns 🥝 164 kcal	2.20
Two rashers of back bacon 131 kcal	2.20
「wo scrambled eggs ♥ 136 kcal	1.90
Baked beans 🥑 126 kcal	1.60
Two mushrooms 🥑 100 kcal	1.60
Two grilled tomato halves 🥑 16 kcal	85p

11.15

10.85

3.75

7.50

4.60

NFC5505

# Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

### **ALLERGEN AND NUTRITIONAL INFORMATION**

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- · Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- · Set Calorie and carbohydrate limits.
- · List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

### DIETARY SYMBOLS



Adults need around 2000 kcal a day.§

Breakfast until 11am Main menu from 11am

Wetherspoons



When Wetherspoon's chairman, Tim Martin, opened his first pub in north London, in 1979, he named it Wetherspoons, after a Mr Wetherspoon – his New Zealand primary school teacher, the reasoning being that Mr Wetherspoon was too nice to be running Tim's particular class and couldn't control it; Tim thought to himself that, likewise, he couldn't control his first pub, so considered the name appropriate.

wetherspoon



Food hygiene rating We have been awarded hygiene rating of 5 in



# **Table service**

Download the Wetherspoon app or scan this QR code. Or note your table number and order at the bar.



Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

# SALADS AND PASTAS



Chicken & maple-cured bacon salad (555) 283 kcal Chicken breast	13.70
Mediterranean salad <b>② ™</b> 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add:	10.85
Chicken breast (187 kcal) 3.85 Roasted vegetables <b>②</b> (90 kcal) 1.65	
Burrito salad bowl © 668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add:	11.10
Chicken breast (187 kcal) 3.85 Chilli bean non-carne 💆 @ (149 kcal) 3.85	
Pasta alfredo <b>②</b> 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add:	11.35
Add: Chicken breast (187 kcal) <b>3.85</b> Maple-cured bacon (91 kcal) <b>2.20</b>	

British beef & pancetta lasagne 761 kcal

Side salad

# **BURGERS**

Meat-free burger

Served with chips (602 kcal, included in Calories below).

**Beyond Burger™ ②** 1043 kcal 14.05 BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce

Chicken burger

Served with a small portion of chips (329 kcal, included in Calories below).

Crunchy chicken strip burger **₱** 776 kcal 11.45 Two southern-fried chicken strips, iceberg lettuce, mayonnaise

**Gourmet burgers** 

Served with chips (602 kcal, included in Calories below).

JD Honey glaze burger 1148 kcal 16.10 Chicken breast, maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Barbecue chicken burger 1226 kcal 16.10

Additional toppings and burger patties

Chicken breast, maple-cured bacon,

Cheddar cheese, BBO sauce

Maple-cured bacon with Cheddar cheese 173 kcal 2.75 Cheddar cheese **(V** 82 kcal 1.65 Maple-cured bacon 91 kcal 2.20 Chicken breast 187 kcal 2.40 BEYOND MEAT patty @ 184 kcal 2.40

# PANINIS AND WRAPS



The paninis and wraps below, freshly made to order, are all served with chips @ (add 602 kcal) or ask for a side salad instead @ (add 91 kcal).

Paninis

14.30

Cold chicken breast // 32 479 kcal

Salad leaves, sweet chilli sauce

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Tuna mayo and Cheddar cheese 590 kcal	10.35
Cheddar cheese and tomato <b>1</b> 527 kcal	10.35
Wiltshire cured ham and Cheddar cheese 508 kcal	10.35
<b>BBQ chicken, bacon and Cheddar cheese</b> 586 kcal	10.35
Wraps	
<b>Southern-fried chicken ****</b> 609 kcal Salad leaves, smoky chipotle mayo	10.35

10.35

**PUB CLASSICS** Bangers and mash 894 kcal 13.99 Three Lincolnshire sausages, peas, onion & red wine gravy **Vegetarian bangers and mash ©** 635 kcal 13.99 Three vegan sausages, peas, onion & red wine gravy Sausages, chips and beans 1170 kcal 13.50 Three Lincolnshire sausages Vegan sausages, chips and beans @ 910 kcal 13.50 Three vegan sausages Chilli bean non-carne / @ 635 kcal 13.95 Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips **Chicken baskets** Boneless basket 🍠

14.35 Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce

Choose:

Side salad 720 kcal Spicy rice 861 kcal Chips 1255 kcal

Southern-fried chicken strips basket Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze

Choose: Side salad 748 kcal

Spicy rice 888 kcal



# **JACKET POTATOES**

With side salad and one filling. Extra fillings 1.60 each.

Tuna mayo 592 kcal	11.40
Cheese ♥ 512 kcal	11.40
Baked beans Ø 58 5555 482 kcal	11.40
Chilli bean non-carne / @ 🚳 🛗 442 kcal	11.40
Roasted vegetables @ 🚳 🐯 383 kcal	11.40

# SIDES AND EXTRAS

Bowl of chips @ 964 kcal	4.90
Small bowl of chips @ 602 kcal	2.50
Side salad @ 91 kcal	2.30

## **CURRIES**

Simple curries

With basmati pilau rice or chips.

Simple chicken tikka masala 13.25 Choose:

Basmati pilau rice 830 kcal Chips 1232 kcal

Simple Mangalorean roasted cauliflower 13.25

& spinach curry // @ Choose:

Basmati pilau rice 58 568 kcal

Chips 970 kcal

Katsu curry

With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry \$\ointil{3}\$ 542 kcal

Sliced chicken breast

14.35

TEA, COFFEE AND HOT CHOCOLATE

# FREE REFILLS TEA, COFFEE AND HOT CHOCOLATE



14.35

- ALL DAY EVERY DAY -

Flat white **9**92 kcal

Mocha V 147 kcal

Espresso @ 6 kcal Black coffee @ 6 kcal White coffee **2**4 kcal Hot chocolate 169 kcal

Cappuccino V 102 kcal Latte V 113 kcal





Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available.

**Biscuits** 

Walkers shortbread **151** kcal **85**p Stem ginger biscuit V 123 kcal 85p Belgian chocolate biscuit V 129 kcal 85p Salted caramel brownie bar V 316 kcal 2.20

## Coffee

The freshly ground 100% Arabica Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms.









TORINO, ITALIA, 1895