




































BREAKFAST

Served
8am - 11.30am





Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	7.43
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	5.75
Small breakfast  435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	5.19
Add: Two slices of black pudding (355 kcal)	1.51
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	5.19
Large vegetarian breakfast  1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	7.43
Vegetarian breakfast  786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	5.75
Small vegetarian breakfast   291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	5.19
Vegan breakfast  642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	5.36
Porridge   252 kcal (plain) Add: Banana  (110 kcal) 62p ; Strawberries  (27 kcal) 62p Blueberries  (17 kcal) 62p ; Honey  (91 kcal) 34p ; Sliced apple  (46 kcal) 62p	2.09
NEW Shakshuka  547 kcal Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce, rocket, toasted ciabatta Add: Maple-cured bacon (91 kcal) 1.52	5.92
Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.92
Mushroom Benedict  638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.92
Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.92
NEW Hash brown basket   410 kcal	1.99
Scrambled egg on toast  570 kcal Three eggs, buttered white bloomer toast	4.36
Beans on toast   566 kcal. Buttered white bloomer toast NEW Vegan option available with vegan spread   460 kcal	3.77
Two slices of toast with jam or marmalade  524 kcal White bloomer bread	2.58
Fresh fruit   200 kcal. Apple, banana, blueberries, strawberries	3.77
NEW Fresh fruit and yoghurt   334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	5.19

Breakfast extras

Add any of the following:









Lincolnshire sausage 168 kcal	1.05	Vegan sausage  82 kcal	1.05
Fried egg  56 kcal	93p	Baked beans  126 kcal	93p
Two hash browns  164 kcal	92p	Poached egg  63 kcal	93p
Two slices of black pudding 355 kcal			1.51
Two mushrooms  100 kcal			93p
Two scrambled eggs  136 kcal			1.63
Two rashers of back bacon 131 kcal			1.57
Two grilled tomato halves  16 kcal			52p

Breakfast butties and wraps

Bacon butty 574 kcal Three rashers of bacon, buttered white bloomer bread	4.36
Sausage butty 714 kcal Two Lincolnshire sausages, buttered white bloomer bread	4.36
Vegetarian sausage butty  541 kcal Two vegan sausages, buttered white bloomer bread	4.36
NEW Vegan option available with vegan spread   435 kcal	
Breakfast wrap 724 kcal Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	4.93
Vegetarian breakfast wrap  735 kcal Fried egg, two vegan sausages, two hash browns, Cheddar cheese	4.93

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills*

Egg & cheese muffin   249 kcal Fried egg, American-style cheese, in an English muffin	3.77
Egg & bacon muffin  314 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.23
Egg & sausage muffin  417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	4.23
Egg & vegetarian sausage muffin   330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	4.23
Breakfast muffin  482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	4.47
Add: Two hash browns  (164 kcal) 92p	





ALLERGEN AND NUTRITIONAL INFORMATION


This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

DIETARY SYMBOLS

 = Very mild  = Mild  = Medium hot  = Very hot
 = Extremely hot

 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.[§]

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

for the facts
drinkaware.co.uk

jdwerspoon.com

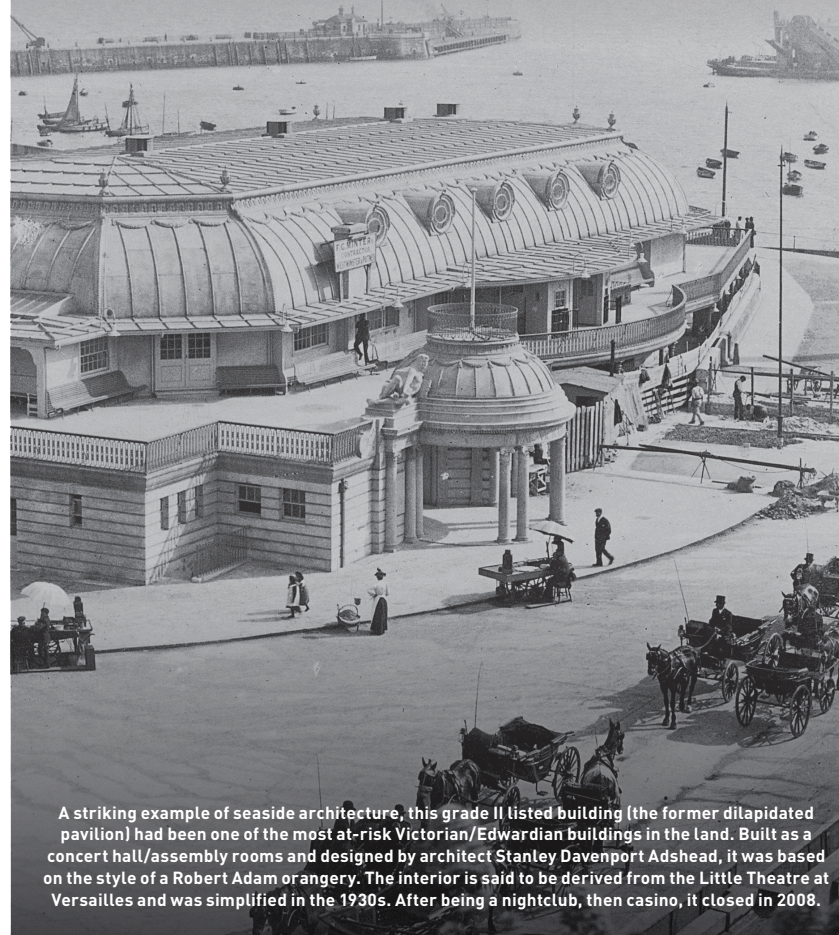
EXTRARED1130

FOOD

Main menu 11.30am - 11pm. Children's menu available.

Royal Victoria Pavilion

Ramsgate



A striking example of seaside architecture, this grade II listed building (the former dilapidated pavilion) had been one of the most at-risk Victorian/Edwardian buildings in the land. Built as a concert hall/assembly rooms and designed by architect Stanley Davenport Adhead, it was based on the style of a Robert Adam orangery. The interior is said to be derived from the Little Theatre at Versailles and was simplified in the 1930s. After being a nightclub, then casino, it closed in 2008.



Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.



100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Coffee

The freshly ground 100% Arabica Lavazza coffee[®] we serve is from Rainforest Alliance-certified farms.



Award-winning children's menu

Best children's meals (first place) Independently run 'secret diner' survey.



Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

Tea, coffee and hot chocolate

FREE REFILLS


TEA, COFFEE AND HOT CHOCOLATE

— ALL DAY EVERY DAY —







£1.56

each

Flat white  92 kcal
Cappuccino  102 kcal
Latte  113 kcal
Mocha  147 kcal
Espresso  6 kcal
Black coffee  6 kcal
White coffee  24 kcal
Hot chocolate  169 kcal
Tea with semi-skimmed milk  14 kcal Dairy alternative: oat sachet  4 kcal Decaffeinated tea and coffee available.

Biscuits

Walkers shortbread  151 kcal 71p
Stem ginger biscuit  123 kcal 71p
Belgian chocolate biscuit  129 kcal 71p
Salted caramel brownie bar  316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwerspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. †Statement of daily Calorie needs from the Department of Health & Social Care. ‡Excluding decaffeinated. †Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.[§]

goodfoodtalks

opening menus for everybody

The spoken menu app for the visually impaired

wetherspoon hotels
Over 50 hotels in England, Ireland, Scotland and Wales
Book direct
for the best rates
at jdwerspoon.com, on our app or by phone.

UNLIMITED
FREE Wi-Fi

MENU_5994

Small plates | Any 3 for £17.75

8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.

Margherita Mozzarella, basil	6.61
NEW Spicy chicken Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket	7.20
Pepperoni Mozzarella, pepperoni	7.20
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	7.20
BBQ chicken 555 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket	7.20
Roasted vegetable Mozzarella, mushroom, roasted pepper, courgette, onion, basil	7.20
Vegan roasted vegetable Mushroom, roasted pepper, courgette, onion, basil	7.20
Spicy meat feast Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.80
<hr/>	
11" garlic pizza bread Add: Spicy pulled chicken thigh (249 kcal)	6.14 2.99
Nachos Add: Spicy pulled chicken thigh (249 kcal)	5.81 2.99
Bowl of chips NEW Shawarma-chicken-topped chips Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces	4.23 6.31
Bowl of chips with curry sauce Cheesy chips Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	5.86 5.41 6.31

With any of the small plates below, choose one dip:

NEW Korean-style dip 96 kcal; Sweet chilli 37 kcal; Sticky soy 100 kcal
Naga chilli 136 kcal; Jack Daniel's® Tennessee Honey glaze 87 kcal
Chipotle mayo 150 kcal; Blue cheese 270 kcal; BBQ sauce 83 kcal

Halloumi-style fries Chicken bites Southern-fried chicken strips Chicken wings Quorn™ nuggets	396 kcal 322 kcal 459 kcal 813 kcal 331 kcal	5.41 6.31 6.31 6.99 6.03
--	--	--------------------------------------

Deli Deals | INCLUDES A DRINK

All wraps and paninis are freshly made to order.

NEW 10" wraps A smaller wrap and filling. Small Korean fried chicken 384 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce	just-a-wrap, without a drink 4.79 each
Small shawarma chicken Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	soft drink* 5.86 each
Small Quorn™ nuggets Salad leaves, tomato, cucumber, salsa	alcoholic drink* 7.62 each
Small southern-fried chicken Salad leaves, smoky chipotle mayo	soft drink* 7.43 each
Small fried halloumi-style cheese Salad leaves, sweet chilli sauce, tomato, cucumber	alcoholic drink* 9.19 each
Add: Small side salad (46 kcal); Small portion of chips (329 kcal)	1.03 each

12" wraps

NEW Korean fried chicken 618 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce	soft drink* 7.43 each
NEW Shawarma chicken Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	alcoholic drink* 9.19 each
Quorn™ nuggets Salad leaves, smoky chipotle mayo	soft drink* 7.43 each
Southern-fried chicken Salad leaves, smoky chipotle mayo	alcoholic drink* 9.19 each
Fried halloumi-style cheese Salad leaves, sweet chilli sauce, tomato, cucumber	soft drink* 7.43 each

Paninis

Cheddar cheese and tomato Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal	soft drink* 7.43 each
Add: Side salad (91 kcal); Spicy rice (208 kcal); Chips (602 kcal)	alcoholic drink* 9.19 each

Jacket potatoes | INCLUDES A DRINK

With side salad and one filling. Extra fillings 1.22 each.

Coleslaw Cheese Baked beans Chilli bean non-carne Roasted vegetables	559 kcal 512 kcal 482 kcal 442 kcal 383 kcal	soft drink* 8.60 each	alcoholic drink* 10.36 each
---	--	------------------------------------	--

Burgers | INCLUDES A DRINK

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).	soft drink* 9.46 each	alcoholic drink* 11.22 each
Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 10.04 each	alcoholic drink* 11.80 each
Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion	soft drink* 10.04 each	alcoholic drink* 11.80 each
Double American cheese burger 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 10.04 each	alcoholic drink* 11.80 each
Gourmet burgers Served with chips, six onion rings (871 kcal, included in Calories below).	soft drink* 9.46 each	alcoholic drink* 11.22 each
Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	soft drink* 11.66 each	alcoholic drink* 13.42 each
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze	soft drink* 11.66 each	alcoholic drink* 13.42 each
Choose: Beef (two 3oz beef patties) 1567 kcal Fried buttermilk chicken 1703 kcal	soft drink* 11.66 each	alcoholic drink* 13.42 each
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce	soft drink* 11.66 each	alcoholic drink* 13.42 each
Choose: Beef (two 3oz beef patties) 1644 kcal Fried buttermilk chicken 1780 kcal	soft drink* 11.66 each	alcoholic drink* 13.42 each
Fiesta burger 1380 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion	soft drink* 11.66 each	alcoholic drink* 13.42 each

Chicken burger
Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet	soft drink* 9.46 each	alcoholic drink* 11.22 each
Meat-free burger Served with chips (602 kcal, included in Calories below).	soft drink* 9.46 each	alcoholic drink* 11.22 each
Beyond Burger™ 1043 kcal BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	soft drink* 9.46 each	alcoholic drink* 11.22 each

Beef burgers One 3oz beef patty.

Served with a small portion of chips (329 kcal, included in Calories below).

American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 7.20 each	alcoholic drink* 8.96 each
Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion	soft drink* 7.20 each	alcoholic drink* 8.96 each
Skinny beef burger Iceberg lettuce, tomato, red onion, with a side salad, instead of chips	soft drink* 7.20 each	alcoholic drink* 8.96 each
American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 7.78 each	alcoholic drink* 9.54 each

Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below).

NEW Korean crunchy chicken strip burger 712 kcal Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce	soft drink* 7.20 each	alcoholic drink* 8.96 each
Crunchy chicken strip burger 776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	soft drink* 7.20 each	alcoholic drink* 8.96 each

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese 82 kcal	1.52
American-style cheese 69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip 92 kcal	1.50
3oz beef patty 168 kcal; Fried buttermilk chicken 473 kcal	each 1.97
BEYOND MEAT patty 184 kcal	each 1.97

Curries | INCLUDES A DRINK

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry Chicken tikka masala Chicken jalfrezi Change your plain naan to a garlic naan (add 92 kcal)	927 kcal 1190 kcal 935 kcal	soft drink* 11.60 each	alcoholic drink* 13.36 each
47p Add: Two plain poppadums (86 kcal)	47p		

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry 542 kcal Sliced chicken breast	soft drink* 10.49 each	alcoholic drink* 12.25 each
Katsu Quorn™ nugget curry 686 kcal. Eight coated pieces	soft drink* 10.49 each	alcoholic drink* 12.25 each
Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet	soft drink* 10.49 each	alcoholic drink* 12.25 each

NEW Malaysian chicken & baby sweetcorn curry 678 kcal

Chicken | INCLUDES A DRINK

NEW Sticky Korean fried chicken bowl 961 kcal Chicken strips, chicken breast bites, chips tossed in a Korean-style sauce, coriander, sliced chillies	soft drink* 10.43 each	alcoholic drink* 12.19 each
--	-------------------------------------	--

Chicken baskets

Boneless basket Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce	soft drink* 10.43 each	alcoholic drink* 12.19 each
Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal	soft drink* 10.43 each	alcoholic drink* 12.19 each
Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce	soft drink* 10.43 each	alcoholic drink* 12.19 each
Choose: Side salad 623 kcal; Spicy rice 763 kcal; Chips 1157 kcal	soft drink* 10.43 each	alcoholic drink* 12.19 each
Southern-fried chicken strips basket Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze	soft drink* 10.43 each	alcoholic drink* 12.19 each
Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal	soft drink* 10.43 each	alcoholic drink* 12.19 each
Quorn™ 'no chicken' nuggets basket Eight coated pieces, coleslaw, sweet chilli sauce	soft drink* 10.43 each	alcoholic drink* 12.19 each
Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal	soft drink* 10.43 each	alcoholic drink* 12.19 each

11" pizzas | INCLUDES A DRINK

Sourdough base - proved, stretched, topped and freshly baked to order.	soft drink* 10.43 each	alcoholic drink* 12.19 each
Margherita 934 kcal. Mozzarella, basil	soft drink* 10.43 each	alcoholic drink* 12.19 each

NEW Spicy chicken 1374 kcal

Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket	soft drink* 11.60 each	alcoholic drink* 13.36 each
Pepperoni 1151 kcal. Mozzarella, pepperoni	soft drink* 11.60 each	alcoholic drink* 13.36 each
Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket	soft drink* 11.60 each	alcoholic drink* 13.36 each
BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	soft drink* 11.60 each	alcoholic drink* 13.36 each
Roasted vegetable 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	soft drink* 11.60 each	alcoholic drink* 13.36 each
Vegan roasted vegetable 709 kcal Mushroom, roasted pepper, courgette, onion, basil	soft drink* 11.60 each	alcoholic drink* 13.36 each
Spicy meat feast 1214 kcal	soft drink* 12.78 each	alcoholic drink* 14.54 each
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	soft drink* 12.78 each	alcoholic drink* 14.54 each

Additional toppings

Red onion 10 kcal; Sliced chillies 3 kcal; Mushroom 4 kcal	each 88p
Garlic & herb dip 180 kcal; Mozzarella 150 kcal; Ham 71 kcal	each 1.15
Chicken breast 94 kcal; Maple-cured bacon 91 kcal	each 1.15
Pepperoni 109 kcal; Roasted vegetables 90 kcal	each 1.53

Pub classics | INCLUDES A DRINK

Fish and chips Small freshly battered cod and chips Peas 681 kcal or mushy peas 739 kcal	soft drink* 9.62 each	alcoholic drink* 11.38 each
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four scampi.	soft drink* 9.62 each	alcoholic drink* 11.38 each
Freshly battered cod and chips Peas 1240 kcal or mushy peas 1298 kcal	soft drink* 11.84 each	alcoholic drink* 13.60 each
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	soft drink* 11.84 each	alcoholic drink* 13.60 each
Add: Two slices of bread (404 kcal)	1.34	
Chip shop-style curry sauce (118 kcal)	1.46	
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips	soft drink* 11.49 each	alcoholic drink* 13.25 each
Add: Two slices of black pudding (355 kcal)	1.51	
Vegetarian all-day brunch 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	soft drink* 11.49 each	alcoholic drink* 13.25 each
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	soft drink* 9.49 each	alcoholic drink* 11.25 each
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	soft drink* 9.49 each	alcoholic drink* 11.25 each
Vegan sausages, chips and beans 910 kcal Three vegan sausages	soft drink* 9.49 each	alcoholic drink* 11.25 each
NEW Chilli bean non-carne 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips	soft drink* 10.08 each	alcoholic drink* 11.84 each

Noodles, salads and pastas | INCLUDES A DRINK

NEW Ramen noodle bowl Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth	soft drink* 8.99 each	alcoholic drink* 10.75 each
Add: Chicken breast (93 kcal) 1.15; Poached egg (63 kcal) 93p		
Chicken & maple-cured bacon salad Choose: Chicken breast Southern-fried chicken breast strips	11.16	12.92
Mediterranean salad Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing	10.03	11.79
Add: NEW Spicy pulled chicken thigh (249 kcal) 2.99 Halloumi-style cheese (447 kcal) 1.97 Roasted vegetables (90 kcal) 1.53; Chicken breast (187 kcal) 1.97		
Halloumi-style cheese & roasted vegetable salad Roasted pepper, courgette, onion, pico de gallo, dressing	10.32	12.08
Add: Chicken breast (187 kcal) 1.97		
Burrito salad bowl 668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies	10.32	12.08
Add: NEW Spicy pulled chicken thigh (249 kcal) 2.99 Chicken breast (187 kcal) 1.97; Chilli bean non-carne (149 kcal) 1.97		
Pasta alfredo 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket	10.60	12.36
Add: Chicken breast (187 kcal) 1.97; Maple-cured bacon (91 kcal) 1.52		
British beef & pancetta lasagne 761 kcal. Side salad	11.16	12.92

Sides and extras

Bowl of chips 964 kcal (Add: Spicy seasoning (7 kcal) 34p)	4.23
Small bowl of chips 602 kcal	2.48
Five chicken wings 407 kcal	3.34
NEW Five chicken breast bites 161 kcal	2.99
Eight Whitby breaded scampi 464 kcal	4.99
Peas 133 kcal	94p
Mushy peas 248 kcal	94p
Side salad 91 kcal	2.29
Mediterranean side salad 198 kcal	3.22
Roasted vegetables 135 kcal	1.53
Coleslaw 399 kcal	1.40
Sliced chillies 3 kcal	88p
Onion rings Six 269 kcal	2.33
Garlic pizza bread 8" 386 kcal	4.98
With cheese 8" 473 kcal	5.57