

























Desserts

NEW Salted caramel sticky toffee pudding  877 kcal Vanilla ice cream	5.22
NEW Millionaire's shortbread   409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.27
Vanilla ice cream   334 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.91
Cookie crunch   364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.91
Mini warm chocolate brownie   435 kcal Belgian chocolate sauce, vanilla ice cream	3.13
Mini warm cookie dough sandwich   431 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.13
Fresh fruit    470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.79
Warm chocolate fudge cake  909 kcal Vanilla ice cream	5.57
Warm chocolate brownie  736 kcal Belgian chocolate sauce, vanilla ice cream	5.57
Warm cookie dough sandwich  727 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.57
British Bramley apple crumble  673 kcal Vanilla ice cream	5.84
<hr/>	
Add: Vanilla ice cream scoop  (135 kcal) 94p . Toffee sauce  (66 kcal) 42p Belgian chocolate sauce  (61 kcal) 42p . Banana  (110 kcal) 62p Strawberries  (27 kcal) 62p . Blueberries  (17 kcal) 62p	






ALLERGEN AND NUTRITIONAL INFORMATION





This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:


- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

 = Very mild  = Mild  = Medium hot  = Very hot
 = Extremely hot






























 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org










Adults need around 2000 kcal a day.⁸

BREAKFAST

Served
7am - 12 noon






Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	7.09
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	5.41
Small breakfast  435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	4.84
<hr/>	
Add: Black pudding (178 kcal) 75p	
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Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.84
Large vegetarian breakfast  1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	7.09
Vegetarian breakfast  786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	5.41
Small vegetarian breakfast    291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	4.84
Vegan breakfast  642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	5.01
Porridge    252 kcal (plain) Add: Banana  (110 kcal) 62p . Strawberries  (27 kcal) 62p Blueberries  (17 kcal) 62p . Honey  (91 kcal) 34p Sliced apple  (46 kcal) 62p	2.09
Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.57
Mushroom Benedict  638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.57
Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.57
Scrambled egg on toast  570 kcal Three eggs, buttered white bloomer toast	3.96
Beans on toast   566 kcal. Buttered white bloomer toast NEW Vegan option available with vegan spread    460 kcal	3.84
Two slices of toast with jam or marmalade  524 kcal White bloomer bread	2.69
Fresh fruit    200 kcal Apple, banana, blueberries, strawberries	3.84
NEW Fresh fruit and yoghurt    334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	4.84

Breakfast extras

Add any of the following:			
Black pudding 178 kcal	75p	Hash brown  82 kcal	46p
Lincolnshire sausage 168 kcal	1.05	Vegan sausage  82 kcal	1.05
Slice of toast  225 kcal	1.13	Baked beans  126 kcal	93p
Fried egg  56 kcal	93p	Poached egg  63 kcal	93p
Two scrambled eggs  136 kcal	1.63		
Two rashers of back bacon 131 kcal	1.57		
Two mushrooms  100 kcal	93p		
Two grilled tomato halves  16 kcal	52p		

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
⁸Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. ⁹Statement of daily Calorie needs from the Department of Health & Social Care. ¹⁰Excluding decaffeinated. ¹¹Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Breakfast butties and wraps

Bacon butty 574 kcal Three rashers of bacon, buttered white bloomer bread	4.08
Sausage butty 714 kcal Two Lincolnshire sausages, buttered white bloomer bread	4.08
Vegetarian sausage butty  541 kcal Two vegan sausages, buttered white bloomer bread NEW Vegan option available with vegan spread    435 kcal	4.08
Breakfast wrap 724 kcal Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	4.56
Vegetarian breakfast wrap  735 kcal Fried egg, two vegan sausages, two hash browns, Cheddar cheese	4.56

Breakfast muffin deal
















Includes tea, coffee or hot chocolate. Free refills⁹	
Egg & cheese muffin   249 kcal Fried egg, American-style cheese, in an English muffin	3.47
Egg & bacon muffin   314 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.96
Egg & sausage muffin   417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	3.96
Egg & vegetarian sausage muffin   330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	3.96
Breakfast muffin   482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	4.20
Add: Hash brown  (82 kcal) 46p	

Tea, coffee and hot chocolate

FREE REFILLS⁹
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —



£1.56
each

Flat white  92 kcal	White coffee  24 kcal
Cappuccino  102 kcal	Hot chocolate  169 kcal
Latte  113 kcal	Tea with semi-skimmed milk  14 kcal
Mocha  147 kcal	Dairy alternative: oat sachet  4 kcal
Espresso  6 kcal	Decaffeinated tea and coffee available.
Black coffee  6 kcal	
<hr/>	
Biscuits	
Walkers shortbread 71p	Stem ginger biscuit  71p
 151 kcal	 123 kcal
Belgian chocolate 71p	Salted caramel brownie bar  316 kcal
 129 kcal	

for the facts
drinkaware.co.uk

jdwetherspoon.com

SEA

FOOD

Main menu 11.30am - 11pm. Children's menu available.



Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
7am - 12 noon
Traditional breakfast
£5.41

Tea, coffee and hot chocolate
Free refills⁹
£1.56
each

Deli Deals[®]
INCLUDES A DRINK⁹   
Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink
£3.97
soft drink* **£5.00** | alcoholic drink* **£6.53**

Burger meals
INCLUDES A DRINK⁹   
Featuring 3oz American burger
soft drink* **£6.33** | alcoholic drink* **£7.86**

Afternoon deals
INCLUDES A DRINK⁹   
Mon - Fri, 2pm - 5pm
Featuring small freshly battered fish and chips
soft drink* **£7.00** | alcoholic drink* **£8.53**

Steak Club[®]
INCLUDES A DRINK⁹   
Tuesday 11.30am - 11pm
Featuring classic 8oz sirloin
soft drink* **£10.76** | alcoholic drink* **£12.29**

Curry Club[®]
INCLUDES A DRINK⁹   
Thursday 11.30am - 11pm
Featuring the katsu curry range
soft drink* **£8.91** | alcoholic drink* **£10.44**

INCLUDES A DRINK⁹   
Choose from over 150 drinks



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for the best rates^{*}
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FREE Wi-Fi


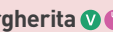


goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired






Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.⁸

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








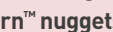





Small plates | Any 3 for £14.93

8" pizzas. Sourdough base – proved, stretched, topped and freshly baked to order.

Margherita   467 kcal. Mozzarella, basil	6.04
Pepperoni  575 kcal Mozzarella, pepperoni	6.61
Ham and mushroom 505 kcal Mozzarella, ham, mushroom, rocket	6.61
BBQ chicken 555 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.61
Roasted vegetable  514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	6.61
Vegan roasted vegetable   355 kcal Mushroom, roasted pepper, courgette, onion, basil	6.61
Spicy meat feast  615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.20

11" garlic pizza bread  772 kcal	5.57
Nachos  695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	6.09
Bowl of chips  964 kcal	4.23
Bowl of chips with curry sauce  1082 kcal	5.85
Cheesy chips  1256 kcal	5.41
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.31

With any of the small plates below, choose one dip.

Sweet chilli  37 kcal; Sticky soy  100 kcal; Naga chilli   136 kcal	
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo   150 kcal	
Blue cheese  270 kcal; BBQ sauce  83 kcal	
Halloumi-style fries   396 kcal	5.19
Chicken bites  322 kcal. Ten battered chicken breast pieces	6.31
Southern-fried chicken strips   459 kcal. Five chicken breast strips	6.31
Chicken wings  813 kcal. Ten spicy chicken wings	6.99
Quorn™ nuggets   331 kcal. Eight coated pieces	5.19


Deli Deals



All wraps and paninis are freshly made to order.


NEW 10" wraps A smaller wrap and filling.



Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap, without a drink 3.97 each
Small vegetarian brunch wrap  545 kcal Fried egg, two vegan sausages, Cheddar cheese	soft drink* 5.00 each
Small shawarma chicken  502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	alcoholic drink* 6.53 each
Small Quorn™ nuggets   310 kcal Salad leaves, tomato, cucumber, salsa	6.53 each
Small southern-fried chicken   399 kcal Salad leaves, smoky chipotle mayo	6.53 each
Small fried halloumi-style cheese    391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber Add: Small side salad  (46 kcal); Small portion of chips  (329 kcal)	1.03 each

12" wraps

NEW Shawarma chicken  719 kcal
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Quorn™ nuggets   508 kcal. Tomato, cucumber, salsa

Southern-fried chicken  609 kcal
Salad leaves, smoky chipotle mayo

Fried halloumi-style cheese   707 kcal
Salad leaves, sweet chilli sauce, tomato, cucumber


Paninis

Cheddar cheese and tomato  527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal

BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base
Choose any 8" pizza from the small plates section.

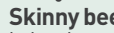
Add: Side salad  (91 kcal); Spicy rice  (208 kcal)
Chips  (602 kcal) **1.44** each

Adults need around 2000 kcal a day.[§]

Burgers

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Beef burgers One 3oz beef patty.
Served with a small portion of chips (329 kcal, included in Calories below).

American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 6.33 each	alcoholic drink* 7.86 each
Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion		
Skinny beef burger  375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips		

American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 6.93	alcoholic drink* 8.46
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Double beef burgers Two 3oz beef patties.
Served with chips (602 kcal, included in Calories below).

Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 8.71 each	alcoholic drink* 10.24 each
Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion		

Double American cheese burger 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 9.31	alcoholic drink* 10.84
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Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below).

Crunchy chicken strip burger  776 kcal
Two southern-fried chicken strips, iceberg lettuce, mayonnaise



Served with chips (602 kcal, included in Calories below).


Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet	soft drink* 8.71 each	alcoholic drink* 10.24 each
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Char-grilled chicken breast burger 970 kcal

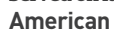


Skinny chicken burger   394 kcal
Char-grilled chicken breast, with a side salad, instead of chips

Meat-free burgers
Served with chips (602 kcal, included in Calories below).

Beyond Burger™  1043 kcal  BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	soft drink* 8.71 each	alcoholic drink* 10.24 each
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



Fried halloumi-style cheese burger  1118 kcal. Sweet chilli sauce


Just-a-burger

Served on its own, without chips or a drink.	each 3.77
American burger  367 kcal Red onion, gherkin, ketchup, American-style mustard	
Crunchy chicken strip burger   447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	

Curries

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry   927 kcal	soft drink* 10.95 each	alcoholic drink* 12.48 each
Chicken tikka masala  1190 kcal		
Chicken jalfrezi   935 kcal		
Beef Madras  1043 kcal		

Change your plain naan to a garlic naan  (add 92 kcal) **47p**










Add: One vegetable samosa and two onion bhajis   (293 kcal) **1.76**
Two plain poppadums  (86 kcal) **47p**

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry  542 kcal Sliced char-grilled chicken breast	soft drink* 9.78 each	alcoholic drink* 11.31 each
Katsu Quorn™ nugget curry  686 kcal Eight coated pieces		
Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet		

Jacket potatoes

With side salad and one filling. Extra fillings 1.22 each.

Coleslaw  559 kcal		
Cheese  512 kcal	soft drink* 7.80 each	alcoholic drink* 9.33 each
Baked beans   482 kcal		
Chilli bean non-carne    442 kcal		
Roasted vegetables   383 kcal		

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).



Ultimate burger 1656 kcal
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze

Choose:




Beef (two 3oz beef patties) 1567 kcal
Char-grilled chicken breast 1417 kcal
Fried buttermilk chicken 1703 kcal

BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce	soft drink* 11.02 each	
Choose:		
Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal	alcoholic drink* 12.55 each	




Fiesta burger  1380 kcal
 BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1770 kcal Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	soft drink* 12.54	
	alcoholic drink* 14.07	

Additional toppings and burger patties


Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese  82 kcal	1.52
American-style cheese  69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip  92 kcal	1.50

3oz beef patty 168 kcal

Char-grilled chicken breast 187 kcal	
Fried buttermilk chicken 473 kcal	each 1.97
Fried halloumi-style cheese  298 kcal	
 BEYOND MEAT patty  184 kcal	

Noodles, salads and pastas

INCLUDES A DRINK 

NEW Ramen noodle bowl   466 kcal	soft drink* 8.99	alcoholic drink* 10.52
Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Char-grilled chicken breast (93 kcal) 1.15 Poached egg  (63 kcal) 93p		
Chicken & maple-cured bacon salad 1053	12.06	
Choose: Char-grilled chicken breast  283 kcal Southern-fried chicken breast strips  465 kcal		
Mediterranean salad   334 kcal	9.34	10.87
Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Roasted vegetables  (90 kcal) 1.53 Char-grilled chicken breast (187 kcal) 1.97		
Burrito salad bowl  668 kcal	9.64	11.17
Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add: Char-grilled chicken breast (187 kcal) 1.97 Chilli bean non-carne   (149 kcal) 1.97		

Pasta alfredo  618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket	9.93	11.46
Add: Char-grilled chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52		

British beef & pancetta lasagne 1053	12.06
Choose: Side salad 761 kcal; Chips 1295 kcal	

11" pizzas





Sourdough base – proved, stretched, topped and freshly baked to order.

Margherita  934 kcal. Mozzarella, basil	soft drink* 9.71	alcoholic drink* 11.24
Pepperoni  1151 kcal. Mozzarella, pepperoni		
Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket	soft drink* 10.95 each	
BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	alcoholic drink* 12.48 each	
Roasted vegetable  1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil		
Vegan roasted vegetable   709 kcal Mushroom, roasted pepper, courgette, onion, basil		
Spicy meat feast  1214 kcal	12.16	13.69
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		

Additional toppings

Red onion  10 kcal; Sliced chillies      3 kcal; Mushroom  4 kcal	each 88p
Garlic & herb dip  180 kcal; Mozzarella  150 kcal; Ham 71 kcal	
Chicken breast 94 kcal; Maple-cured bacon 91 kcal	each 1.15
Pepperoni  109 kcal; Roasted vegetables  90 kcal	each 1.53

Small pub classics

Small freshly battered cod and chips  885	soft drink* 8.85	alcoholic drink* 10.38
Peas 681 kcal or mushy peas 739 kcal		
Small Whitby breaded scampi 885	10.38	
Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi		
Add: Two slices of bread  (404 kcal) 1.34 Chip shop-style curry sauce  (118 kcal) 1.46		
Small Wiltshire cured ham, egg and chips  455 kcal	7.56	9.09
One slice of Wiltshire cured ham, fried egg		
Small all-day brunch 681 kcal	7.87	9.40
Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 75p		